

Canoeing Equipment

- ✓ Warm Clothes
- ✓ Swimming Togs
- ✓ Shoes that can get wet
- ✓ Towel
- ✓ Hat & Gloves
- ✓ Spare Fleece
- ✓ Water
- ✓ Food (sandwiches, fruit, nuts, chocolate)
- ✓ Ziploc Sandwich Bag
- ✓ Sun Cream

*Each person needs to have
all the above equipment.*